

Steve Lovgren - Co-Camp Director

USSF A License,
NSCAA Premier Diploma
USSF Youth License
NSCAA Youth Certificate



Currently Steve coaches travel teams in the Richmond area and runs two tournaments for Dynamo Soccer Club. He also serves as a VA Coaching Education Instructor on the VYSA State staff and is also the owner and operator of CSP.

Formerly, the Director of Coaching and Director of Camps and Academies for the Richmond Kickers, Steve came from Eastern FC youth soccer club. Steve has an extensive and successful background with regards to his participation in youth soccer.

Steve has played soccer collegiately in Syracuse, NY and in Delaware. He has earned a Bachelor's Degree in Business Administration from VCU. Steve is married with 4 daughters.

Shawn Martin - Co-Camp Director

USSF B License
NSCAA Adv. National Diploma
NSCAA Youth Certificate



Shawn Martin currently coaches travel soccer in the Richmond area and is the Clover Hill High School Girls Soccer Coach.

Shawn has had several positions working as a coach and Tech. Director for MYSL and Richmond Kickers. He has also served as a Director and senior staff member for Soccer Academy, Inc. and on State and Regional ODP.

Shawn is the former Director of Girls' Soccer with Williamsburg Soccer Club. In addition to those duties, he served as the Women's Asst. Soccer Coach and goalkeeper coach for CNU. Previous to that, he was the NC Wesleyan College Men's Asst. Coach.

While playing at NC Wesleyan College, Shawn earned his B.S. in Physical Education. Shawn is married and teaching in Chesterfield County.

About Commonwealth Soccer Programs

CSP has been providing soccer instruction to Virginia since 1997. As a complete soccer education provider we offer Summer and Spring Break Camps, Team Training, High School Preseason Camps, Clinics, & Private Training. Every camp is delivered by a full time professional soccer coaching staff.

CSP holds extremely high standards as providers of soccer training in Virginia. We deliver diverse soccer programs, which are both inspirational and educational. These programs are age and ability appropriate for all players and are founded on the principles of safety, learning and enjoyment.

As soccer continues to rapidly grow, so has CSP's vision. Through continuing education, CSP is introducing new innovative ideas.



Camp Cost

Session #1 - June 14-18

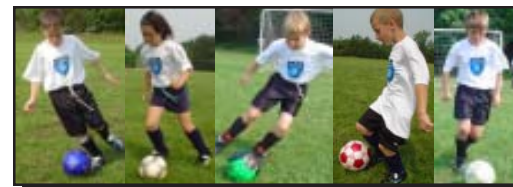
\$85 Soccer Tots Program (9-12pm), Ages 4-6
\$130 Players Camp (9-4pm), Ages 7-19
\$95 Fast Footwork & Moves (10-12pm), Ages 9-14

Session#2 - July 19-23

\$85 Soccer Tots Program (9-12pm), Ages 4-6
\$130 Players Camp (9-4pm), Ages 7-19
\$75 Goalkeeper/Finishing (9-12pm), Ages 12-18

Each camper will receive a t-shirt

Register online at:
www.cspsoccer.net



Typical Day

9:00	Drop off/Morning warm-up
9:15-10:30	Morning Training Session
10:30	Snack/Water Break
10:50-12:00	Small sided games
12:00	Soccer Tots Depart (Ages 4-6)
12:00	Lunch
1:00-2:00	Classroom Session/Film Session
2:00-2:45	Organized Event/Game
2:45-3:45	Full field matches
4:00	Departure

What To Bring

- Cleats and a soccerball
- Tennis shoes or soccer flats
- Water jug with plenty of water
- Lunch and snack
- Sunscreen

Soccer Tots Program

The Soccer Tots program is for children ages 4-6. The focus is on many short successive fun games that involve interaction with each other and a soccer ball. It is a 2 hr program from 9-12pm. Our staff is hand picked and specifically trained to make first experiences in soccer a positive one.



Players Camp

Activities for these players will be both fun and more instructional in content. Curriculum for this camp includes, but is not limited to, Individual Ball Control, Passing, Shooting, Principles of Possession and Defending. Players at this camp will be grouped by their age and ability.

Fast Footwork Moves - June 14-18

Players are taught moves to take on opponents along with fast footwork. Players will leave more comfortable on the ball, and more confident in their ability to take on defenders.

Goalkeeper/Finishing - July 19-23

What better way for goalkeepers and goalscorers to get skill development, than working against each other. These sessions give players lots of repetition and competition. A great way to perfect technique!

Application for Mail-In Registration

REGISTRATION NOTE: We prefer that applicants use our online registration process. It has the ability to take credit cards and it also has a "mail in payment" option for those that would like to write a check. This application is for those without access to computers

Player's Name: _____

Address: _____

City: _____ State: __ Zip: _____

DOB: _____ Male: _____ Female: _____

Email: _____

Home #: _____ Cell #: _____

Insurance Co. _____

Policy #: _____

This registration is for which program? (Please check one)

- Soccer Tots (ages 4-6, 9-12pm)
- Players Camp (ages 6-19, 9-4pm)
- Fast Footwork & Moves (ages 9-14, 10-12pm)
- Goalkeeper/Finishing School (ages 12-18, 9-12pm)

Which week/date? _____

Please attach a piece of paper with any known allergies or medical issues that the CSP staff needs to be aware of.

I hereby authorize *Commonwealth Soccer Programs and Piedmont Youth Soccer League* to act for me according to their best judgement in any emergency requiring medical attention and hereby waive and release the *Commonwealth Soccer Programs* and *Piedmont Youth Soccer League* from any liability for injury or illness incurred while at camp.

Signature of Parent or Guardian:

<p><i>Please Mail Applications To:</i> Piedmont Youth Soccer League P.O. Box 3285 Martinsville, Virginia 24115 <i>Make checks payable to CSP</i></p>

COMMONWEALTH Soccer Programs

Commonwealth Soccer Programs
1153 Huguenot Trail
Midlothian, VA 23113
www.cpsoccer.net



2010
PYSL Summer Day Camp
 For Teams and Individuals
 Ages 4-18
 June 14-18 or July 19-23
 PYSL Complex

For More Details Call:
276-666-6201



COMMONWEALTH SOCCER PROGRAMS
• Soccer Tots • Players Camps • Team Camps • Goalkeeper Clinics • Residential Camps •